



INDIGO UMBRELLA NEWSLETTER

FEBRUARY 2019

Hello Indigos

February beckons and, with it, Springtime. I can see snowdrops from my window, daffodils are pushing through the darkness of winter into the sunlight and the days are definitely getting longer now. Our next Brekky, on TUESDAY 5th FEBRUARY, coincides with Chinese New Year, and we welcome The Year of the Pig. In Chinese culture, Pigs are the symbol of wealth and those born in a year of the Pig are said to have beautiful personalities and are blessed with good fortune in life. Recent Pig Years are 1935, 1947, 1959, 1983, 1995 and 2007 (remember Chinese Years start varying days usually in February, not 1st January).

I have been busy sorting out a schedule of events for the next few months for Indigos and all those who share an interest across the spectrum of Science meets Spirituality. A list of events from now until April is given in the following pages - a veritable pot pourri of informal meet-ups, talks and workshops. Have a look through and put the relevant dates in your diary. And do please let the organiser know that you are going to support them - be it me, or May, or Roarbert: it really does help to get a feel for numbers.

More than ever we need to be awake and aware, and it is my intention to keep you abreast of what is happening "out there". Andy Thomas will give us an update on the political scene early in August, and he will be back in October to talk about the history of bonfires and processions. Following on from a day exploring the science, consciousness and healing power of Water in April, a similar day is shaping up for June on Sound, with internationally-renowned scientist John Stuart Reid, inventor of Cymatics and the Cymascope, sharing the day with our good friend Elaine Thompson. I haven't forgotten about Bosnia, or Göbekli Tepe either - watch this space. Angels, crystals and even mediumship - it's all there on my "To Do" list!

Groups such as Indigo Umbrella are rallying points for those looking for direction, support, reassurance. If you know anyone who might like to join the Indigo tribe, bring them along to a meet-up, or simply point them to the website: www.indigoumbrella.co.uk.

Be just like those daffodils, Indigos - come out of the darkness into the daylight: stand your ground, speak your truth and shine your light.

Love Jude x

PS - a personal plea: it's lovely to see so many of you at our informal meet-ups and it's great to share stories and experiences. But it's not so great to share flu bugs and viruses at this time of year in particular. If you are not well, if you are coughing and sneezing - please be considerate of others and stay warm and cosy in your bed until you are fully fit and well!

GETTING IN TOUCH:

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Email: judy@indigoumbrella.co.uk

Website: www.indigoumbrella.co.uk

Facebook: Indigo Umbrella



WHAT YOU MISSED

THE PLASMA REVOLUTION: GANS, nano states and quantum loops

At the January discussion group we welcomed Malcolm Boshier and his partner Catrina to talk about and demonstrate what I have called "Magic Water 1". It made much more sense than when I talked about it, although it did inevitably stray into science and some purists are still not totally comfortable about the terminology adopted by M T Keshe, the physicist who developed the system of creating GANS and using it for a wide range of applications.

What I noted from the workshop was that Keshe uses the term Plasma as a collective noun for photons. It can also be defined as the universal field of pure potential waiting to be imprinted with intention - in other words, it is the same as Zero Point Field, that "pea soup" that surrounds us.

It is a complex concept and yet simple too - instead of working with the physical state, we are shifting up to working with the energy state, where intention plays an integral part of the process. As we move towards higher vibrational states, it makes sense that we should become (even) more aware of the power of energy. Quantum science is acknowledging apparent contradictions even if they can't be explained - one of the links at the end of this shows in simple terms the "Double Slit" experiment involving waves and particles.

We accept (don't we?) the power of energy and intention in healing, be it Reiki or general "hands-on" healing, or indeed absent healing (sometimes called prayer). If you see this work as an extension of harnessing the power of energy and intention, it might become a tad easier to understand.

The website: www.plasmaproduction.org is a central resource for those researching and working with GANS and plasma. I would encourage you to go and browse for yourself to give you a better understanding of what it all means, and its potential in the fields of healing, agriculture and science in general. There is also a Facebook page The Golden Age of GANS which you might explore.

Malcolm brought with him some Quantum Loops - these are lengths of woven fabric: two layers with nano copper sandwiched in between. We were invited to create a circle on the floor, set an intention and stand inside the loop. I for one certainly felt energy building inside the loop, and other Indigos did too. The loops can also be used topically - wrapped around the head to relieve headache, or an arm to relieve pain and hasten healing following a fracture and so on.

Malcolm and Catrina have now developed 22 varieties of GANS (Gas At a Nano State), and they say they are having very positive results using Pine and Amber with Electrosensitives, to "harmonise" the damaging microwave radiation waves. They emphasised "harmonise" rather than "protect" - the principle seems to be similar to that of Biogeometry which also "harmonises".

On Sunday 20th Malcolm and Catrina, joined by Oliver Perceval, led a workshop in Forest Row. A dozen of us learned more of the theory and science behind this work, and then experienced for ourselves time in Quantum Loops and in "Cocoons" - pop-up mesh mosquito nets that had been sprayed with programmed GANS water. It was a fascinating day, the feedback has been very positive, and the next step is a practical day where we can learn how to make the GANS for ourselves.

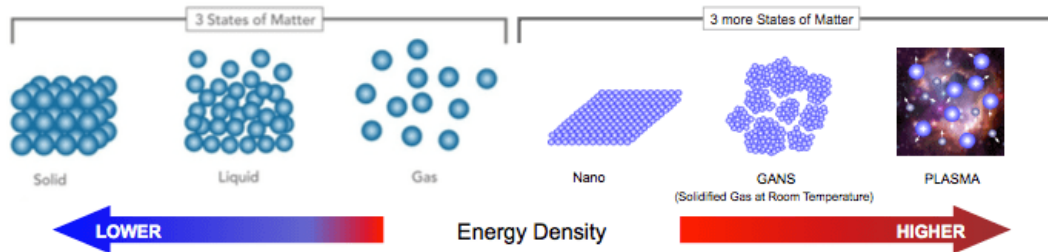
One of the many aspects of this that appeals to me is the fact that we are encouraged to take back responsibility for our own health and wellbeing. Rather than selling GANS at, say, £50 a tube, the team are keen for us to do it for ourselves and to spread the word. We are all so programmed into "Old Think" that says we have no power, we have to rely on Big Pharma or whoever to make us better, and pay for the privilege that it is not easy to come round to this concept of "New Think" that says - "here you are, we've done the hard work, here's the science behind it so you can check it out, now go and do it for yourself!"

If any of you know of a venue that would be suitable for a practical workshop, please let me know. It must have space for "work benches" and allow use of acid and / or blowtorches (which rules out all council-owned halls for starters!).

In the meantime, I have a couple of cocoons / pods and some GANS, and hope to organise some Sunday morning sessions so that you can try it out for yourselves if you wish: watch this space!

WHAT YOU MISSED: LINKS FOR PLASMA AND GANS

Here is a list of links that will be useful to you if you would like to know more about the broad topic of Plasma / GANS and so on - I would encourage you to spend a bit of time looking into this, I feel it could well be a very useful tool in our kit for our future health and wellbeing.



The main website where you will find a wealth of information: <http://www.plasmaproduction.org>

The link to the youtube videos of the past two main workshops. There are various videos here, taken from previous workshops, covering many aspects of the use of this Plasma / GANS technology, Q&A sessions and so on, ranging from a few minutes to more than an hour:

<https://www.youtube.com/channel/UCd6H6SPNQLIJUUv3XibsM3g>

How to use the cocoon: This links to the relevant page on the main Plasma Production website:

<http://www.plasmaproduction.org/experience-gans.html>

Where to buy a cocoon;

www.ebay.co.uk search for pop up mosquito nets...they are much cheaper on e bay.

Double Slit Experiment explained (very simply) by Dr Quantum: (5 minutes)

<https://www.youtube.com/watch?v=DfPeprQ7oGc>

Extract from "What the Bleep?" - Dr Quantum and Entanglement (2 minutes)

<https://www.youtube.com/watch?v=081a3kcQydc>

2014 documentary about Nobel Prize laureate Luc Montagnier including his water memory experiment (51 minutes)

<https://www.youtube.com/watch?v=R8VyUsVOic0>

Biogeometry and the Hemberg Project (6 minutes)

<https://www.youtube.com/watch?v=VtXFkscVHoM>

WHAT'S COMING UP

There's a lot coming up, Indigos - something to cater for just about all of you, I would say! Check the dates, and do please let the organiser know if you are interested in coming along to any of the Indigo events so that I / they have an idea of numbers.

FEBRUARY

Tuesday 5th Indigo Brekky, private room at the Beech Hurst Harvester, Butler's Green Road, Haywards Heath RH16 4BB 10am - 12 noon
no set agenda, no need to book, just come along and join like-minded souls for a couple of hours of wide-ranging conversation

Friday 15th Indigo Discussion Group at Beech Hurst Harvester, as above.
Speaker Richard Smith (my friend Marmite), with his Internet Techie hat on.
He will cover the following areas, and there will be time for Q&A too:
** the bad guys and what they are up to
** the good guys and what they are up to
** secure email and encryption: options, software, problems, challenges
** simple steps to secure your data; USB sticks, hard drives and fixed medium options - CDs, DVDs etc. Passwords and password security. Securing home and office computers, tablets, phones
** what to do with digital data.



Please let me know if you are planning to come along so I can arrange seating.

Saturday 16th Cool Cats wise up to Ascension Deficit Disorder with Léonie Clark and Roarbert Torry
Burwash Common Pavilion, Ticehurst Road, Etchingham TN19 7NA
10.30am - 4.30pm £38 (bring your own lunch)
see full info on separate page
Info & Booking: Roarbert Torry 01342 825 789 or robert@lionsden.me.uk
Indigo Steve has offered to take up to 3 people, meeting in Newick - contact me if you would like a lift.

Sunday 17th Cool Cats Ride Again with Léonie Clark and Roarbert Torry
Burwash Common Pavilion, Ticehurst Road, Etchingham TH19 7NA
times and details as above
see full info on separate page

Monday 18th - Friday 22nd Elaine Thompson is in our part of the world to offer sessions of her special sound therapy. Sessions will be held in Haywards Heath.
This science-based process can help clients across a very broad spectrum of physical, mental and emotional issues, including Parkinsons, MS, anxiety and more. Strongly recommended! Contact me if you feel that you or anyone you know could benefit from a session.

WHAT'S COMING UP

MARCH

- Tuesday 5th Indigo Brekky at the Beech Hurst Harvester, details as for February
- Friday 15th Indigo Discussion Group at the Beech Hurst Harvester, as February. No special speaker, just a starting point from which the discussion can - and probably will - roam far and wide.
- Sunday 17th Animal Communication with Margrit Coates
Forest Row Veterinary Clinic, Station Road, Forest Row RH18 5DW
10am - 1pm £25
Info & Booking: May Esler 01903 812 134 or esler.may@gmail.com
- Tuesday 19th Andy Thomas' Changing Times Meet-up
Cyprus Hall, Burgess Hill RH15 8DX
8pm prompt start. £8 Always an interesting speaker, recommended.
- Sunday 24th Kinesiology with Annie Jenkins
Forest Row Veterinary Clinic, Station Road, Forest Row RH18 5DW
10am - 1pm £25 Info & Booking: May Esler as above

APRIL

- Tuesday 2nd Indigo Brekky at the Beech Hurst Harvester, details as for February
- Sunday 14th Water, Water: the science, consciousness and healing power of water
Matt Thornton, Jeremy Jones and Richard Creightmore
Sedgwick Park House, Horsham 10am - 5pm £45
more info on separate page
- Sunday 14th Dowsing Lifestyle Protocol with Barry Witton
Forest Row Veterinary Clinic, Station Road, Forest Row RH18 5DW
10am - 1pm £25 Info & Booking: May Esler as above
- Friday 26th Indigo Discussion Group **(NOTE CHANGE OF DATE FROM 19th)**
Beech Hurst Harvester, as February 10am - 12 noon
Friday 19th is Good Friday, so Discussion Group is shifted to Friday 26th,
with speaker Elaine Thompson talking about her special sound therapy
- Friday 26th Transition into a New Way of Being with Elaine Thompson
Elaine shares her personal story of her ongoing interaction with a variety of Extraterrestrials and their message for us at this time. As we prepare for the inevitable Earth changes, Elaine explains how Higher Dimensional Beings are guiding us towards a far clearer understanding of who we really are and what we can do to help ourselves towards a future with a very different reality.
Forest Row Community Centre, Hartfield Road, Forest Row RH18 5DZ
7pm - 9pm £10 includes refreshments
- Sunday 28th Workshop "Your Voice, Your Health & Wellbeing" with Elaine Thompson
Vocal analysis captures the frequencies of your voice, and that blueprint reflects what's happening physically, emotionally and mentally. The missing tones can be fed back into your system to restore balance and harmony at every level.
Forest Row Community Centre, Hartfield Road, Forest Row RH18 5DZ
10am - 4pm £45 more info on separate page

COOL CATS

wise up to

ASCENSION DEFICIT DISORDER

These "Play shops" are presented by Léonie Clark BSc RGN HV and Robert "The Lion Man" Torry. Léonie has been a Reiki and Sekhem teacher for around 18 years, and she has also worked for the NHS and Social Services in many roles. If Reiki was a surprise to Léonie, so was the arrival of Sekhmet into her consciousness!

Robert is a former research scientist and engineer, a qualified teacher and multi-disciplinary complementary therapist who now calls himself a Student of Life and a Spiritual Scientist, applying the rigours of scientific methodology to his pursuit of arcane teachings about the Spiritual Nature of our Being.

Saturday 16th February - Cool Cats wise up to Ascension Deficit Disorder:

The Saturday Play List will include:

- ** ancient Egyptian mystery mastery teachings, together with guidance in ritual magic for connecting with the Four Elements
- ** acquaintance with Sekhmet and the importance of the Leonine Energy
- ** the esoteric teachings of Yeshua ben Pantera (Jesus son of Panther)
- ** changing times - the mystery of Time and living in the Now moment
- ** Down to Earth - Living and Loving with Nature in the Here and Now
- ** Self-healing techniques for re-awakening to your multi-dimensional nature including guided meditations and associated experimental work.

Sunday 17th February - Cool Cats Ride Again:

The Sunday Play List builds on Saturday's teachings and will include:

- ** the importance of maintaining balance and dynamic equilibrium
- ** Neosonics à go-go - temple magick unveiled
- ** opening doors - what the Egyptian Cartouche reveals for you. A personal reading.
- ** which way do you spell magick?
- ** ancient Egyptian mystery mastery teachings
- ** guidance in ritual magick for connecting with the Four Elements
- ** Energy sensing

Information and booking from Robert Torry: 01342 825 789
or email: robert@lionsden.me.uk



WATER, WATER ...

a day exploring and experiencing the science, consciousness and healing power of water

SUNDAY 14th APRIL 2019

10am - 5pm

tickets £45

SEDGWICK PARK HOUSE, HORSHAM

I am delighted that these three eminent speakers are coming together to acknowledge and honour, explain and explore with us the science, the consciousness and the healing power of water.

"To understand water is to understand the cosmos, the marvels of nature and life itself." Dr Masaru Emote

The day will be a mix of theory with indoor sessions in the lovely ballroom at Sedgwick Park House, and outdoor sessions in the grounds including dowsing, demonstrations of Earth Acupuncture and water ceremonies.

MATT THORNTON - Matt is an independent water researcher and international speaker; a former fighter pilot now dedicated to creating a new water-conscious generation. His passion for water began with performance hydration for athletes and then swiftly moved to researching water and consciousness with Dr Masaru Emote.

Matt heads the Emote Peace Project UK & Ireland, the aim of which is to teach children the true nature of water; and also the New Water Generation which brings the latest New Science of Water and Consciousness under one roof. As an entrepreneur he creates water systems, solutions and protocols for domestic and commercial properties and communities that restore, revitalise and rewind waters back to the energy of a natural spring.

"The New Science of Water" and "Water and Consciousness" - water's role in the environment, in health, and for mental, physical and spiritual growth and performance.

JEREMY JONES - serious health challenges in his late teens led Jeremy to a complete lifestyle change which included T'ai Chi and Shiatsu as well as the study of Macrobiotic cooking. While working with reverse osmosis technology he came across the work of Viktor Schauberger, Dr Masaru Emote and Johann Grander, and realised that water purification is only part of the much larger story about water. Jeremy first became fascinated by Grander water in 2002 as part of a wider health and well-being solution. Since then he has studied with Geovital (Academy for Radiation Protection and Environmental Medicine) providing screening strategies for the removal of Electromagnetic Radiation and Geopathic Stress. As Senior UK Consultant for Grander Water, Jeremy's work with water revitalisation incorporates elements of Biogeometry to provide broad-based life style changes.

"Grander's 'Information Water' is able to directly influence other bodies of water, resulting in many changes that increase water's value to living and mechanical systems. Its energetic benefit for living systems is there for all to see and experience."

RICHARD CREIGHTMORE - Richard holds degrees in both geography and acupuncture, and has been practising as a professional Geomancer since 1986, specialising in Earth Acupuncture and medical Feng Shui. He has been active in curriculum and educational standards at the British Society of Dowzers and as Visiting Lecturer in Geopathic Stress and Earth Acupuncture at the University of Westminster. Richard is Principal of Beech Hill College / Land and Spirit in Sussex, and since the early 1990s has been training students around the world in Geomantic healing skills, with a focus on Earth Acupuncture to resolve Geopathic Stress. His consultancy work spans water divining and geopathic stress and classical Feng Shui surveys using Earth Acupuncture to heal distressed underground water lines as well as medical geomancy work.

"The energy / information fields of underground water veins as primary carriers of landscape trauma and geopathic stress: causes, signs, symptoms and cures."

Information and booking: Judy Sharp 07597 020 512 or email: judy@indigoumbrella.co.uk

When I lived in Southern Spain and ran my companies on Gibraltar, my daily commute would take me along the EN340, a road that followed the Mediterranean coastline for most of the way. At one point the road headed to higher ground and around a hillside. It was only when that hillside had been rounded that the Rock of Gibraltar loomed into view, a large lump of rock rising up suddenly on the horizon.

One day, driving to work and approaching that hillside, I thought I saw ostriches. I made a mental note to check on the way home. Sure enough, I saw ostriches: it was the first ostrich farm in the region and about a week later I went to meet the owner.

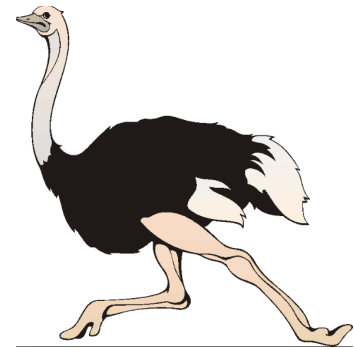
Large metal gates swung open to let me in, and I noted high metal fences around the land. Well inside these perimeter fences, areas were cordoned off with thin tape, and it was within these areas that the ostriches roamed free. They are large birds, quite intimidating at close quarters, and they can run very fast. They can also be vicious - the owner undid his shirt to reveal a scar down his torso where an ostrich had clawed him open.

I asked about the ribbon tapes.

"That's all I need to keep the ostriches in," he told me, "they are so stupid, when they see a barrier, even just a ribbon, they won't cross it."

"What about the high metal fences?" I asked.

"They are there to keep out the ostrich thieves," he laughed, "humans are much more devious than the birds!"



A while ago I went with a friend to look at a farmhouse, down a country lane, with access via the farmyard. The estate agent had already arrived, and was agitated.

"The farmyard gate is never shut," he said, "but it is today, and look, there's a padlock. We can't get in."

He went off to phone his office to ask what he should do. My friend and I went up to the gate and looked at the padlock. It wasn't actually locking anything. We pushed the gate and it opened.

How many times have we turned away because there seemed to be a barrier blocking our path?

The ostriches could easily have walked straight through the ribbon tape, or even ducked under it. But to them it was a barrier as solid as the metal perimeter fence. They never tried to escape.

The estate agent was defeated by an apparently closed gate. He took it at face value - the gate was shut, he could see a padlock, therefore there was no way through. Except there was. We just pushed the gate and it opened.

Sometimes we give up too early. We see what seems to be a blockage, a barrier, and we tell ourselves that's it, we can't go any further. What if you went right up to the barrier and pushed? What if it were not a real barrier at all, but something to test your determination, your ingenuity, your desire? What if you were able to melt the barrier with your positive thoughts, your positive intentions?

We are learning so much more about the power of thought and intention that we ignore it at our peril.

Next time you come up against a barrier in your life, an apparent blockage - step back and look at it again. Is it really there, or is it something you have created?

"I could never do that." "I'm too old to even try that." "They wouldn't want someone like me."

"I can't cope with this modern technology."

These are all barriers created by our own ego - perhaps based on a deep-seated fear of success or on a previous experience of something going wrong. But they are ribbon tapes; they might look like padlocks but go and push the gate anyway. It might just open and then just see what a whole new field lies ahead of you!

This is where we are all at right now. We are at the barrier and we can choose - do we stay meekly in our pens, do we stay where we have been put? Or do we push forward into that new reality, that whole field of potential? It's up to each one of us to decide for ourselves, and for us collectively to make that decision too. What's it to be, Indigos?