

Indigo Lunch Heaven Farm

Six Things

Notes on website - Password is lunch Indigoumbrella.../lunch.pdf

New Project - an hour a week

Pick a topic you are madly interested in, something that needs solving.

Spend a few minutes thinking about that problem, get some ideas together in your head, note them down.

Let the ideas rest for a few days.

Then type up a letter/email to your MP or the Minister concerned - local council etc fire it off, then share on SM/Blog/Here. Get some feedback, encouraging others to do the same.

Don't assume that our elected officials, those who claim to be able to solve the problems actually know what the problem is. Give them some solutions, ask them why your solutions won't work?

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Bitcoin - why should I be worried?

Please note that Bitcoin already exists.

Likely to be a BOE issued Digital Pound

<https://www.bankofengland.co.uk/news/2021/april/bank-of-england-statement-on-central-bank-digital-currency>

Discussion Documents

<https://www.bankofengland.co.uk/news/2021/april/bank-of-england-statement-on-central-bank-digital-currency>

Banks have already stopped digital currency platforms from taking cards.

<https://www.telegraph.co.uk/business/2021/05/29/banks-block-payments-crypto-exchanges/>

In the USA they are working on models

<https://www.nasdaq.com/articles/programmable-digital-currencies-are-coming-heres-what-that-means-2020-08-18>

FED Notes

<https://www.federalreserve.gov/econres/notes/feds-notes/what-is-programmable-money-20210623.htm>

<https://medium.com/swlh/the-future-of-money-is-programmable-with-open-architecture-42e229dd881>

Implications For Us.

Big Tech.

Connecting Health and Money Data together.

- Digital Platforms - already sharing.

UBI Payments may well be made to dedicated accounts and controlled.

Post office Bank Account already exists for benefit payments.

Why Have The Elites Destroyed Our Lives...

<https://threadreaderapp.com/thread/1419293260468690946.html>

Data - why should we be worried?

East Surrey Data Policy - is coming soon according to their website

<https://surreyandsussex.nhs.uk/about-us/freedom-of-information/our-policies-and-procedures/>

<https://surreyandsussex.nhs.uk/wp-content/uploads/2019/01/>

[DPA_and_Confidentiality_Policy_2_0_July.pdf](#)

Nothing about sharing data

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Email to my GP Practice

Good morning Furnace Green.

Some confusion with your website, could be me being thick..

Online access via your website is managed by Patient Access for which I have to register. Yet you provide services and share my data - this is not even a UK based firm. Does the surgery pay for these services or are they centrally funded?

Online - via the NHS App there is a request to share data with Patients Know Best in order to view some information. This seems to be another third party provider.

(Edit RS Which means my data is shared in two places)

Which one of these has access to my data, and how many portals do I need to be registered with in order to make this work?

All I wanted to do this morning was engage, electronically with the service.

Thanks in advance.

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Email from my GP Practice

Good morning Mr Smith, thank you for your email.

Online access can be provided via a number of third parties, most commonly Patient Access – once a patient “signs up” for such access, they can then create an account with said third party so that they can order prescriptions etc via the website. As stated in your email, the NHS App uses another platform (Patient Knows Best) in the management of the data they hold.

Both Patients Access and the NHS APP are the Data Controllers for the information you share with them, so you should contact them to ask to see their Privacy Notices and/or details about how they look after your data.

It is possible to have an account with both Patient Access and the NHS App, depending on what sort of information you are looking for and/or what you are trying to do.

I hope this clarifies matters for you.

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Email from EMIS about their data access. These are the largest providers of free services to pharmacy and GP's including mine.

Good afternoon Mr Smith,

I have added responses to your queries below.

Who pays for your service? We provide a variety of health care systems to the NHS and we are one of the two main providers of GP clinical systems – until fairly recently patient facing services were paid for by the NHS centrally, this is no longer the case and so it is something which we are providing essentially as a value add to our customers (i.e. the GP practices) as we also look at the possibility of

providing other optional services to our users which may be delivered at a premium.

Marketing Services - What does this mean? There may be notices and information that we want to provide to our users that might be classed as marketing materials but this is something you are free to opt out of at any time – if you haven't received any marketing type materials from us in the past then that should not change in the future unless you opt in to receiving them, though we do not send many in any event.

How is my identity a data control mechanism? For clarity – and we can see how this could be worded more clearly – your identity is not a data control mechanism, we were simply trying to explain how our marketing is managed – as noted above, we do not send a lot of marketing materials and it's something you are free to opt out of any time.

Can you please explain the following paragraph? What does this mean? We are simply providing examples of the ways in which we might use the contact details we hold for you – for example we might want to look at how many users are reading the newsletters we send to see if one type is more engaging than another, or we might need to contact you to let you know about a change in terms (such as the email we sent to you recently).

Where is my data held and who is it shared with? Your contact details are held in the UK – any sharing that was to take place would be in line with the privacy notice but it is relatively limited – for example we might share email addresses with our service providers to enable us to send out emails to users. In terms of your

health record, that is controlled by your GP practice and we act in accordance with their instructions.

Have you ever had a data breach, if not how do you know? Matters of security are not something that we are able to discuss freely – however if we had had a data breach and if you were impacted by it then you would be contacted directly.

Lastly, your funding model, who pays for your services to me and the GP practice.

Please see above.

Many thanks

Claire

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<https://www.patientaccess.com/>

<https://www.mysurgerywebsite.co.uk/>

<https://www.emishealth.com/> already provide free services to GP's and Chemists.

Privacy statements already show that sharing is possible

Scams - why should we be worried?

Online Scams

<https://www.ftadviser.com/regulation/2021/07/02/govt-delusional-over-online-scams-says-former-ifa/>

Monzo former director evidences the truth. (AML Anti Money Laundering)

<https://pbs.twimg.com/media/E7iyv3rWQAUbj0N?format=jpg&name=large>



simonvc · 47m

Ex-Monzo

Opinion: The UK AML system is totally broken.

Monzo are literally legally prevented from asking customers for more information and forced to close accounts. Meanwhile they file Suspicious Activity Reports and they just go into a blackhole because the government has not properly funded the police. It's infuriating

Things like Confirmation of Payee help a bit, but what the UK really needs is:

- Allow banks to tell customers they are uncomfortable with the source of funds, and ask customers for more information *before* closing accounts.. Give innocent people a chance to explain where funds come from.
- Cancel the tipping-off rules. They serve no purpose anymore.
- Require all banks to implement Confirmation of Payee
- Hurry up and release a remotely-verifiable digital ID, and *require* apple and google to support NFC (the gov already strong armed apple to enable the eu settlement app to read passports)
- Actually fund the police and NCA to investigate crime and unexplained wealth. Right now, the police *will not act* on reports of financial crime unless there is a terrorism or child exploitation aspect, so it's open season for criminals.

↑ 7 ↓ Reply Give Award Share Report Save

We Can't Arrest Ourselves Out Of This!

<https://www.mirror.co.uk/news/uk-news/cant-arrest-out-way-out-24641629>

Are Viruses Sentient ?

Viruses - Finding Genius Podcast = Perry Marshall

<https://www.findinggeniuspodcast.com/podcasts/understanding-viruses-and-finding-geniuses-with-richard-jacobs/>

They know where they want to go, they know where they need to be in order to thrive.

HPV - for example. Know the difference between a complete trollop (male or female) and a virgin. Actively seek out the former.

Flu Virus - like to spread via coughing, and they like to live in lungs.

All have evolved that way -

Viral mass - needed, therefore some kind of sentience must be the case

Can lie dormant for years and then grow.

Messing with stuff we just don't know.

Cross fertilisation from experts needed in order to combat all viruses.

If you only learn about one kind of bug, and ignore other bugs you won't learn all you can.

Good research needs a connection economy, needs collaboration - needs to be more I love you and less FU. in order for it to work.

Government Control - Lets Compare 1914 with today.

1914 low taxes, no passports, no NHS, No schools, fewer roads.

Now 50% taxation and all services provided.

What is it you want?

Go decide that.

Do you want to rely on state services - vote for more of it and expect more control.

Do you want to pay for your own services - then vote for less of it and expect the free market to adapt.

At the moment the people that can fill in the gaps are extracting millions from the system - and it's still not working.

Government doesn't know - until you tell it.

1 hour a week of telling them

20 hours of digging - then write and put pressure on. if it is something you already know about, then it will take a lot less.

Put it on your blog, get some action, get the story out there - failure to do so will get more of what we have.

We Croak app - little reminder that death is around the corner .

Non Android/Apple Phones - Linux Phones - coming soon.

<https://www.conservativewoman.co.uk/our-post-truth-pm-is-leading-us-to-post-freedom/> worth a read.

Offline Office Package - Libre Office or Only Office (new) very good. Also has a cloud option. \$5 per month.